



People Projects Referral Form

Name:	Next of Kin details :
Address:	Referring agent name:
Contact Number:	Referring agent address:
Date of Birth:	Referring agent phone number: Referring agent Email:

Please tick a box to indicate which project you may prefer based on the information below and then fill out both sections on page two. Staff will make a decision based on this about which project seems most suitable. Sessions run from our hub at Inverleith park as well as a variety of woodland and other sites around Edinburgh. Good Wood can be an the ideal way to prepare for Fruitful Woods.

Potential participants are invited to meet the group leaders one-to-one prior to commencing, to learn more about the project, ensure it is right for them at that time and to fill out the required paperwork.

With both projects, participants must be reasonably stable in terms of mental health, be able to listen and follow instructions and be able to work independently for short periods of time. In the presence of any untreated physical health issues, consent from a GP will be required before attendance is permitted.

GOOD WOOD

- An introduction to learning about woodland conservation and outdoor work, for individuals who have experienced mental health difficulties.
- A friendly, relaxed project meeting each Wednesday for 10 weeks, 11am till 3 pm.
- A great chance to try out a range of woodland related activities such as tree planting, woodland management, bush craft skills, environmental art , gardening, outdoor cooking and more.
- No experience needed. Group size is a maximum of 11 people plus 2 leaders.

FRUITFUL WOODS

- Individuals can contribute towards a social enterprise, learning a range of new skills including making, marketing, selling and delivering 'Fruitful Woods' woodland and orchard produce.
- For individuals who are wishing to further progress in their interests and work towards their vocational goals.
- Placements can be up to 12 months and can vary from 1-3 days per week, 6 hours per day. Volunteers are expected to make a commitment to regular attendance
- Some experience in relevant tasks is desired, for example completed Good Wood course or similar.
- Group size is maximum of 14 plus 2 staff.

Reason for Referral:

Any additional information, please include information about mental health problems and risk information:

Referrers Signature:

Date:

Please **do not email** this form to us. Please Return **BY POST ONLY** to:

People Projects Referrals, New Caledonian Woodlands, c/o The Works, Ballanden House, 28-32 Howden Street, Edinburgh, EH8 9HL.